

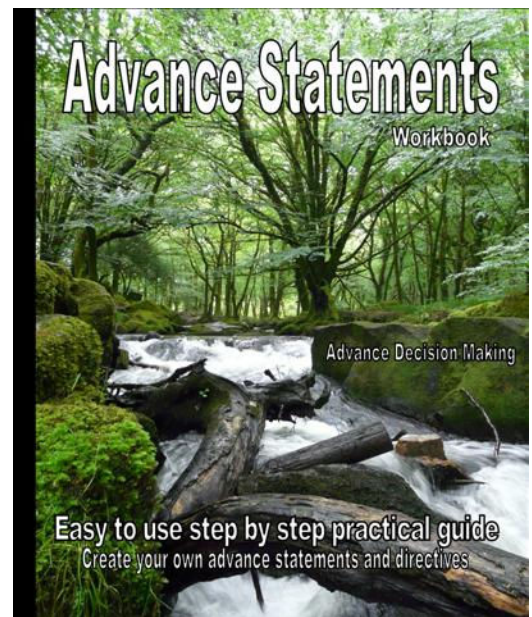
# *'Your Life, Your Decisions, Take Control'*

You are invited to: An opportunity to find out more about crisis planning & creating your own advance statement

Quaker Meeting House  
16 Queens Road  
Leicester LE2 1WP  
Tues 8<sup>th</sup> Nov 2011  
1pm to 3pm

*"It is better working with people who have advance statements. You find out what is important to that person rather than trying to guess."*

- Support worker



This free to attend event is provided by Becky Shaw and Roger Smith, authors of the easy to use step by step practical guide to making your advance decisions, preferences and directives.

If you have an interest in crisis planning (perhaps through Wellness Recovery Action Planning) join us for the afternoon. You can view slides from our advance statements training courses, explore exercises from the new book and use this as a networking opportunity over the free refreshments we will provide.

This course will also be of interest to anyone hoping to help others understand advance statements through the training materials we have developed.

The workbook will be available for purchase singly or in bulk through [www.rsgbooks.co.uk](http://www.rsgbooks.co.uk) (site to be updated in November) and through all good book shops.

*"Knowing my advance statement is in place, I feel confident that my needs will be met, my home will be cared for, bills paid and pets looked after and that I will be supported in the ways that help me to recover."* - Becky Shaw



The original work on this project was funded by:

Contact us through [www.mentalation.co.uk](http://www.mentalation.co.uk), [roger@stoppadding.co.uk](mailto:roger@stoppadding.co.uk)

or leave a message on 01163 260444.